

EMERGENCY CHECKLIST



**BE PREPARED
BE INFORMED**



**Hawaiian Electric
Maui Electric
Hawai'i Electric Light**

Follow us:



RECOMMENDED CHECKLIST:

- 14-day supply of non-perishable foods (with little to no cooking required)
- Water (a minimum of 1-gallon per person per day for drinking and additional uses)
- Flashlights or lanterns (battery, hand crank or solar powered)
- Cell phone and charger
- Pet food and extra water for your pet
- Portable radio (battery, hand crank or solar powered)
- Extra batteries
- Manual can and bottle opener
- Butane/propane stove or charcoal grill with fuel
- Ice chest and ice or frozen ice packs
- Matches and/or lighter
- Mosquito repellent
- Cash or travelers checks
- Personal hygiene, sanitary supplies and diapers
- First aid kit and medicines
- Special needs supplies (eyeglasses, hearing aid, medical bracelet, etc)

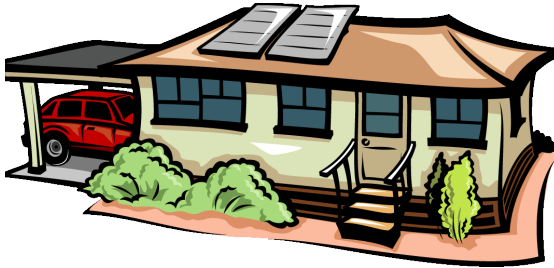
ADDITIONAL ITEMS TO ADD IF YOU NEED TO EVACUATE:

- Important papers/photos
- One complete change of clothing and sturdy shoes
- Sleeping bag and/or blanket



PREPARE YOUR HOME:

- Tie down or store all loose objects including plants
- Unplug electric appliances you may not need or use
- Cover all windows and door openings with boards or shielding materials
- Properly secure propane tanks
- Secure elevators on the top floor of your condominium



FIRST AID KIT:

- Current prescription medications (ideally 14-day supply)
- Tissue/cotton swabs
- Antibacterial soap
- Bandages, plastic strip, assorted sizes
- Antiseptic solution
- Water purification materials
- Rubbing alcohol
- Aspirin (or aspirin-free tablets or capsules)
- Tweezers



For more detailed information on how to further prepare for an emergency, visit our website and download our Handbook for Emergency Preparedness at www.hawaiianelectric.com

THE ULTIMATE SURVIVORS MEAL:



Quick Chicken A La King

1 (10 3/4 ounce) can cream of mushroom soup

1/2 cup milk

1 (12 1/2 ounce) can chunked chicken, drained

1 (8 1/2 ounce) can peas, drained

Dash of pepper

In a saucepan, combine soup and milk; stir until smooth. Add chicken, peas and pepper. Heat thoroughly. Serve over rice or bread. Makes 4 servings.

**Hawaiian Electric
Maui Electric
Hawai'i Electric Light**



IN PARTNERSHIP WITH:

